



Division 2 Final Meet Lower Division
Zeeland East High School
June 1st, 2019

Welcome to the MHSAA Division 2 State Track and Field Finals. Zeeland East is excited to host your school and we hope you have an enjoyable visit.

Meet officials:

Jumps - Mike Henry
Throws - Dan Millhisler
Running - Brian Maccomber

Starters: Steve Start, Jill Baker-Cooley and George Kinola

General Information

Location: Stadium Address - 9900 Riley St. Zeeland, MI 49464

Admission: Gates open at 8:00am on Saturday. Passes will not be honored.
Tickets: \$8.00, Parking \$3.00, Programs \$4.00

Packet Pick up: Friday: Located at the South-West corner in the stadium
Saturday: Located in the service drive of the main parking lot. Enter off of 100th Avenue and it will be at the 10X10 white tent.
Please note: The coaches packet will have 3 wrist bands and one parking pass. If you have more than 3 coaches or more than one vehicle, you will have to pay for additional tickets.

Team parking: Vans, cars and smaller vehicles will park in the lot to the East (visitor lot) of the stadium. Any busses, RV's or other large vehicles park at Zeeland East. Parking pass must be visible in the front windshield.

Coaches: You must have your wristband on in order to enter the stadium. Wrist bands also gain you access to field event areas.

Field entrance: Only athletes in uniform are allowed on the infield. Coaches, you **MUST** remain in the stands or along the fencing for running events or in the designated areas for field events.

Athletic Trainer: There will be an athletic trainer on site throughout the day. Ice and water will be provided.



Locker room: There are no locker room facilities available - comes dressed for competition.

Results: Results will be posted online at: www.michianatiming.com

Souvenir shirts: Shirt will be available at the North West entrance (main gate). They will also be on sale, Friday, May 31st

Team Tents: Tents are allowed along the fence on the south end of the stadium, along the visitor side of the track, and along the fencing by the pole vault area.

See attached diagram. Yellow Lines represent where tents can be set up.

Advancing to Finals: The formula for advancing from semifinals to the finals will be each heat winner and then the next fastest times as needed to fill the final heat.

Miscellaneous items: No radios, footballs, frisbees, etc. will be allowed into the stadium. Coolers will be allowed in the team tent area only. No sunflower seeds on the artificial turf.

Drone Policy: The use of unmanned aerial vehicles ("UAV"), also known as drones, is prohibited for any purpose by any persons at MHSAA tournament venues. Tournament management shall refuse admission or entry to anyone attempting to use a UAV; and if necessary, tournament management shall remove anyone attempting to use a UAV and/or confiscate the UAV until the event has been completed.

Specific Track Information:

Awards: Medals for the first 8 places. Trophies will be awarded to the champion and runner-up at the conclusion of the meet.

Batons: Teams will be responsible for furnishing their own batons.

Call System: To keep the meet running smoothly and efficiently the announcer will use the following system: First call, second call, and third/final call. Athletes that have not reported to the clerk of the course or field event supervisor by the third and final call will be scratched from that event and it will count toward their four events.

Checking in: All athletes must check in with the clerk of the course in the designated staging area after the 1st call and prior to the final call for that event.

Entries: A list of entries may be located on the MHSAA website at www.mhsaa.com on the Tuesday following the Regional meet. If you find any errors, or if one of your athletes has been omitted, please call the meet manager by Friday, May 24th. Known scratches should be made



via athletic.net ASAP after the Regional Meet so heat sizes can be planned. You are asked to declare all four relay athletes expected to compete by Friday, May 24th via athletic.net. This will NOT prohibit day of substitutions for other eligible athletes.

Field Events: The high jump, shot put and pole vault pits are located at the south end of the stadium. The disc is located on the east side of the stadium.. Only chalk may be used to mark starts/takeoffs for the high jump, long jump and pole vault areas.

Relay Cards: Relay athletes will be pre-declared via athletic.net. Relay cards will only be used for substitutions on the day of the meet. You need to only list the substituted athlete.

Scratches: 9:00am for the morning events and Noon for the afternoon events. All scratches are to be written on the official scratch sheet provided at the scorer's table. Scratches must be turned in on time and if you know prior to Saturday, please let the tournament manager know.

Spikes: ¼in. spikes only

Starting blocks will be provided. If you bring your own blocks, they must be approved by the meet manager or meet referee. You are responsible for your blocks.

Scoring: 10-8-6-5-4-3-2-1 in all events.

Uniform Rule: The uniform rule will be strictly enforced-please review this rule with your athletes. **This is your warning for all uniform violations.**

A single manufacturer's logo/trademark/reference, no more than 2 ¼ square inches (only one visible manufacturer's logo/trademark/reference may be on any visible undergarment.

Additionally, the only head attire that may be worn during competition is a knit stocking cap, sweatband, ski band, the hood of a one piece suit or undergarment. All must be unadorned single color cloth except for a manufacturer's/school logo no more than 2 ¼ square inches. No color restrictions.

Participating Team Information:

Please read over the information found in the Participating Team Information on the MHSAA Website. The following are specific points of emphasis:

1. All shots and discs must be weighed and marked approved before they can be used. Illegal equipment will be held until the end of the day. Weight in will take place behind the South West concession stand-close to the pole vault area.



2. Starting heights and raises for high jump:

	Starting:	1st raise:	2nd raise:	3rd raise:
Girls	4'11"	5'2"	5'4"	5'6"
Boys	5'11"	6'2"	6'4"	6'6"

Starting heights and raises for pole vault:

	Starting:	1st raise:	2nd raise:	3rd raise:
Girls	8'9"	9'3"	9'9"	10'3"
Boys	11'10"	12'4"	12'10"	13'4"

3. Girls events will be run first.
4. 3200 Meter Relay/800m Run 20 or less will be one section. With 21 or more entries there will be two sections with the 12 fastest times plus ties in the 2nd heat.
5. 1600m will be two sections when entries exceed 24 with the fastest 16 plus ties in the 2nd heat.
6. One heat of the 3200m Run for each gender.
7. Alley starts used in the 800m, 1600m, 3200m and 3200 Relay
8. 3200m Relay will use a two turn stagger; 1600m Relay will use a three turn stagger.
9. Open pit will be used in the long jump for pre-lims AND finals.
10. Shot Put and Disc will be conducted in flights (size depends on the number of throwers). Throwers will get a minimum of 4 throws or maximum of 15min. warm up time. They will be arranged in reverse order.
11. Time limits for all field events will be enforced. If an athlete must leave a field event for another event, he/she MUST inform the event judge of the situation and return to their field event no longer than 10 minutes after the completion of the previous event.
12. VIDEO: Athletes may view videos of their competition but not during their competition. No electrical outlets will be provided.
13. The stadium will be open from 3:00pm-7:00pm on Friday, May 31st for team inspection. The field event venues will be closed. You may mark your steps but the event will remain closed. Please use chalk to make steps - no tape! Poles can be inspected and store overnight if so desired.
14. Finishlynx system will be used by Michiana Timing for the finish line.

Meet manager: Josh Glerum - Zeeland East Athletic Director - 616-748-3124
Lew Clingman

2019 Division 2 Final Meet - Time Schedule

8:00am - Gates Open

Weigh in of shots and discs

Pole Inspection

9:00am - Morning Scratches Due



9:30am - Boys/Girls Pole Vault

High Jump, Long Jump (Open Pit: 9:30am-10:45am)

Boys Discus

Girls Shot Put

9:55am - National Anthem

10:00am - 3200M Relay

Semi Finals: 100M/110-100M Hurdles/200M

11:30am - Girls/Boys Long Jump Finals - Open Pit

11:30am - Afternoon Weigh-In (Shots and Discs)

12:00pm - Afternoon scratches due

12:15pm - Boys Shot Put

Girls Discus

12:55pm - National Anthem

1:00pm - Running Finals - Finals will begin 1 hour after the completion of the last semifinal race, but not before 1:00pm

4:45pm - Awards presentation (approximate time)