

Marion High School host MHSAA 32-4 Track and Field Meet

Welcome:

Marion High School is proud to be the host of the 2022 Track and Field Regional #32– 4. Hopefully, this information will help you in your preparation for the Regional on **Thursday, May 19th**.

If you have any questions, feel free to contact Stacie Suttan, AD, at: Office 231-743-2836 option 2, Cell 231-667-0209, and/or via email at ssuttan@marion.k12.mi.us.

PARTICIPATING SCHOOLS

Au Gres-Sims
Bellaire
Buckley
Central Lake
Ellsworth
Fife Lake Forest Area
Frankfort
Leland
Maple City Glen Lake
Marion
McBain Northern Michigan Christian
Mesick
St Helen Charlton Heston Academy
Suttons Bay
Whittemore-Prescott

ADMISSION: \$6.00 – NO PASSES. TICKETS MUST BE PURCHASED THROUGH GOFAN.CO
GATES WILL BE OPEN TO THE PUBLIC AT 12:00 P.M.

ENTRIES: Please make sure you enter only 3 athletes in each event into athletic.net unless each one has hit additional qualifying mark for regionals. Entries are due by 11:59 PM Tuesday, May 17th. You must scratch down to 2 athletes on Thursday unless all have hit additional qualifying mark. **All times, distances and heights shall have been achieved prior to 8pm on May 17th.** Entries for whom times were not submitted or for whom confirmed false times were submitted, are to be placed in the last heat or first section without seeding consideration.

FAT Conversion: All times must be entered as FAT times to the hundredth (.00) or hand held equivalent adjusted by rounding to the nearest tenth and adding .24 (done by athletic.net)

Example Hand Time = 11.51

Converted FAT Time = 11.84

(11.51 round to tenth is 11.6 add .24 is 11.84)

Timing: Michiana Timing will be our timing company for this event.

200 Meter Dash Semi-Finals Round 1

*Pending heat numbers, advancing from Prelims to Finals shall be this:

2 Heats – 2 heat winners, 6 fastest times to fill available lanes.

3 Heats – 3 heat winners, 5 fastest times to fill lanes.

4 Heats - 4 heat winners, 4 fastest times to fill lanes.

THERE WILL BE A ONE HOUR BREAK AFTER THE PRELIMINARY RACES.

****SCRATCHES ARE DUE FOR THE SECOND SESSION AT 4:30 PM**

AT APPROXIMATELY 5:30 P.M., AFTER THE ONE HOUR BREAK, WE WILL HAVE THE NATIONAL ANTHEM FOLLOWED BY:

110 Meter Hurdle Finals

100 Meter Hurdle Finals

100 Meter Dash Finals

800 Meter Relay

1600 Meter Run

400 Meter Relay

400 Meter Dash

300 Meter Hurdles

800 Meter Dash

200 Meter Dash

3200 Meter Run

1600 Meter Relay

AWARDS/TROPHIES PRESENTED AT THE CONCLUSION OF ALL EVENTS.

SCORING: Scoring in all events is done to 8 places: 10-8-6-5-4-3-2-1

Top 2 relay teams and individuals qualify for the MHSAA Division 4 State Meet as well as any who qualify using the additional qualifying standards.

LOCKER ROOMS: Will not be available to teams, nor will showers.

CONCESSIONS: Concessions will be available in the building to the on the East end of the track.

WARM-UPS: The track will be available for warm-ups until 2:45 p.m. at which time the track must be cleared. The track will also be available for warm-up during the one hour break before finals; it must be cleared fifteen minutes prior to the start of the finals.

TRACK MARKING: Chalk only for runway and track marking. No tape allowed.

EMERGENCY INFO: In case of severe weather we will follow MHSAA protocol and postpone

the meet. Coaches and athletes should return to their buses. All spectators should go to their vehicles. Spectators should return to their vehicles.

TRAINER: A rescue unit will be on call throughout the meet.

PARKING: Please have your buses park on the WEST side of the parking lot that is located near the track. We would like to keep the parking area between the track and the High School reserved for car traffic only.

TEAM TENTS/CAMPS: Locations will be on a first come first serve basis but we have considerable amount of space for tents around the perimeter of the track and field areas. Team tents may NOT be set up on the inside of the fenced track area or along the fence immediately to the east of the starting area. Please make every effort to keep your tent areas clean of debris.

SECURITY: Teams are reminded not to leave their valuable items unattended. Marion Public Schools and the MHSAA will not be held responsible for lost or stolen items.

RESULTS: All meet results will be uploaded to Athletic.Net & MichiganTrackandField.com. LIVE results will be available during the meet at: <https://michianatiming.com/results/> The MHSAA will post results on their website at their earliest convenience.

DESIGNATED AREAS/RESTRICTIONS: Only athletes warming up or competing are allowed on the infield during competition. *No coaches/parents/spectators/non-competing athletes* are allowed. Designated coaching boxes will be assigned.

ELIGIBILITY REMINDER: DUE BY MONDAY, MAY 15th by 3:00pm.

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*Marion High School
Thursday, May 19, 2022*

Time Schedule

Boys Run First

1:00 p.m. Coaches Meeting & Equipment Inspection
1:10 p.m. Girls Pole Vault
2:00 p.m. Boys High Jump
Girls Long Jump
Girls Discus
Boys Shot Put
3:00 p.m. 3200 Relay Finals
100 Dash Round 1
100 and 110 Hurdle Semi-Finals Round 1
200 Dash Semi-Finals Round 1

***THERE WILL BE A ONE HOUR BREAK BETWEEN GENDERS OF THE FIELD EVENTS.**

***THERE WILL BE A ONE HOUR BREAK AFTER THE PRELIMINARY RACES.**

Finals

5:25 p.m. **National Anthem**
5:30 p.m. 100 and 110 Hurdle
100 Dash
800 Relays
1600 Runs
400 Relays
400 Runs
300 Hurdles
800 Runs
200 Dashes
3200 Runs
1600 Relays

Advancing from Semi-Final Round 1(Prelims) to 1 heat(8 person) Final

Heat winners from each heat and then the fastest times to fill all remaining available lanes.

If 2 Heats – 2 heat winners, 6 fastest times to fill lanes

If 3 Heats – 3 heat winners, 5 fastest times to fill lanes

If 4 Heats – 4 heat winners, 4 fastest times to fill lanes

If 5 Heats – 5 heat winners, 3 fastest times to fill lanes

Awards and Results

Each head coach will receive an awards packet as soon as possible after the meet at the finish tent.

Medals will run through eighth place.

Scoring

Scoring in all events is done to 8 places: 10-8-6-5-

4-3-2-1

The Top 2 Relay Teams and Individuals qualify for the MHSAA Division 3 State Meet as well as any who qualify using the additional qualifying standards.