





2021 MHSAA Boys Division 2 Swimming and Diving Championships

Friday, March 26th, and Saturday, March 27th Hosted by The Jenison Wildcats at the Jenison HS Aquatics Center

<u>LOCATIONS:</u> The Jenison HS Aquatics Center is located at 2140 Bauer Road Jenison, MI 49428 See the MHSAA website link "Participating Schools" for additional details.

CHAMPIONSHIP MEET PERSONNEL:

Entry Coordinator/Hy-Tek:	Angie Menken (jenisonentries@gmail.com)	616-430-2338
Meet Director:	Jennifer Coffey (jcoffey@jpsonline.org)	616-821-5730
Dive Manager	Brian Zuehlke (brianzuehlke@charter.net)	616-312-7233
Jenison Athletic Director:	Tim Ritsema (tritsema@jpsonline.org	616-836-5453

MEET FORMAT:

Diving will take place on Friday, March 26th, at Jenison. Swimming will take place on Saturday, March 27th, at Jenison. The 2021 MHSAA D2 State Championship will be a timed final championship meet format for swimming.

TIME SCHEDULE:

Friday, March 26th Diving

- 2:30 pm Facility opens to officials, diving competitors, and coaches.
- *Packets may be picked up by coaches ONLY! Swim coaches may pick up packets until 5:15pm Friday or starting at Noon on Saturday.
- 3:00 pm Boards open for warm up.
- 4:30 pm Deadline for sign-off on diving sheets with final dive order.
- 5:00 pm Coaches meeting in hospitality (the room behind the diving boards).
- 5:30 pm Diving Finals Begin (a 10-minute break will take place after the round five. Boards will be open for the remaining 20 divers moving on to Semifinals. After round eight, a 10-minute break will take place with boards open for the remaining 16 divers.). *Diving awards will be presented at the conclusion of diving Friday night.

Saturday, March 27th Swimming

- 9:45 am Jenison Pool Lobby will unlock for officials, swimmers, and coaches.
- 10:00 am Controlled warm-up for swimmers begins. Specific warm-up directions will be sent after entries close.
- 11:30 am Coaches meeting in hospitality (the room behind the diving boards).
- 11:55 am Competition pool closes.
- 12:00 pm 200 Medley Relay Begins *** Please see the schedule for event start times on page 5. This is an estimated timeline based upon a 3-heat timed-finals event. An adjusted timeline will be posted once entries are in to account for the true size of the meet.

RULES: M.H.S.A.A. rules will apply according to the 2020-2021 NFHS Swimming, Diving, and Water Polo Rules Book.

DIVING ENTRY/CONFIRMATION PROCEDURE:

- All divers who qualified for State MUST be entered in the team's Hy-Tek meet entry file.
- All divers will be automatically entered into the State Finals via Regionals Results.
- Diving sheets will **not** be included in the meet packet that coaches will receive at check-in Friday.
- Confirmation and signing of final dive lists must be completed with the Dive Manager, Brian, prior to 4:30 pm.
- An anticipated start time for diving prelims is 5:30 pm.
- Diving sheets may **not** be faxed or emailed in to Meet Management prior to the meet.
- All diving lists will be generated on-site via eDive.

ALL divers who have qualified for Regionals MUST be included with the Hy-Tek meet entry file. For any diver advancing to Finals who was NOT included in the team's entry file, that team will be charged a late fee if the omission is on the team.

ENTRIES & MEET INFORMATION: All swim entries are due Monday, March 22nd, by 12pm Noon. All entries must be in Hy-Tek format (meet file available on the MHSAA website, software available on the Hy-Tek website). Send Hy-Tek entries to Angie Menken, Jenison Entry Coordinator/Hy-Tek Computer Operator, at jenisonentries@gmail.com. Include an emergency phone number and contact information. All entries must include the first and last name of each athlete, and grade (in number format...9-10-11-12). Use the school abbreviations supplied on the MHSAA website.

Please see the following for a detailed timeline of the entry procedure to be followed by meet management. It is each coach's responsibility to send and confirm entries according to this timeline.

SWIMMING ENTRY/CONFIRMATION PROCEDURE:

- 1) All swim entries are due Monday, March 22nd, by 12pm Noon.
 - a. Coaches are encouraged to use a non-school email to prevent firewall issues, etc.
 - b. Coaches must include:
 - i. Head coach phone number and email.
 - ii. Appropriate MHSAA school name/abbreviation from MHSAA website (All codes are updated for use with Hy-Tek).
 - iii. Grades for all athletes (Numeric: 9-10-11-12).
 - iv. Appropriate/verifiable seed time.
- 2) No later than 12:00 pm Noon on Tuesday meet host will email back confirmation of entries and an entry report.
 - a. If you have not heard back from Angie at the jenisonentries@gmail.com email address as noon approaches, please email or call her.
- 3) Coaches have until 9:00 pm on Tuesday to reply with any corrections to the entry report.
 - a. ANYONE LATE MAY BE SUBJECT TO \$100 FEE at Meet Director's discretion.
- 4) By 12:00 pm Noon on Wednesday psych sheets will be posted on the MHSAA website.
 - a. NO CHANGES TO ENTRIES WILL BE ALLOWED AFTER 12:00 PM WEDNESDAY.
 - b. Psych sheets will include relay names including alternates.

RELAY ENTRY & RELAY CARDS:

Due to the COVID-19 Pandemic and facility capacity restrictions and protocol, relay swimmers will be limited to those participating in the event. Each team is permitted one (1) alternate swimmer for each relay entry, with a maximum of two (2 total) alternates per team.

Relay cards will be in each team's meet packet. They will be due back to the announcer's table as follows:

- 200 Medley Relay: Due immediately following the coaches meeting.
- 200 Freestyle Relay: Due at the conclusion of the break prior to the 100 butterfly.
- 400 Freestyle Relay: Due at the conclusion of the 500 freestyle.

WARM-UP & COOL-DOWN (SWIM): Swimmers who wish to warm up may use the warmup/warm down area of the pool no sooner than 30 minutes prior to their assigned swim time. Swimmers may warm down following their races in a timely fashion. Swimmers may not spend any extra or additional time unmasked in the water. Meet workers will ask swimmers to exit if they feel they are not warming up or warming down. Maximum of four swimmers per lane during warmup/warm down. Coaches are expected to help the Jenison HS Aquatics Center guards/workers/volunteers enforce the four athlete/lane limit. For the pre-meet warm up times will be assigned after entries have closed.

<u>AWARDS</u>: Awards will be presented according to the timeline. Detailed award information will be in the packet of information picked up by head coach. The MHSAA will schedule an awards photographer for the swimming portion only. Masks must be worn in the staging area and while on the podium.

TEAM AREA AND TEAM SEATING: Capacity (30%) on deck at Jenison is currently 168. The capacity in our balcony is 199. Within our facility we have space for 367 people total (including athletes, coaches, volunteers, officials, and pool staff). Teams will be able to select their seating area within the facility on deck and/or in the balcony. If the need arises for additional space, we have our auxiliary gym reserved for the swimming portion of the competition. The auxiliary gym is across the hall from our men's locker room entrance (ie. very close!). However, the goal is to have all athletes either on the deck or in the balcony, within the Jenison HS Aquatic Center walls. Athletes are expected to return to their assigned team seating when not racing or in the pool. Athletes who are either not competing (alternates) or maybe only competing in one event must sit in the balcony.

<u>DECK ADMITTANCE:</u> Deck admittance will be strictly limited to competing athletes, meet officials, coaches, and meet workers/volunteers. All coaches on deck must have passed all MHSAA requirements for the 2020-2021 swim and dive season. The meet host reserves the right to halt the meet to reduce the number on the deck or in the water to comply with present health department facility ordinances.

To comply with present health department facility ordinances:

- Teams will be allowed TWO coaches ON DECK to assist with athletes during diving events.
 - o A videographer will be on site to tape diving events for All-American diving requirements.
- Teams will be allowed TWO coaches ON DECK to assist with athletes during swimming events.
 - o Small teams (less than five swimmers) are encouraged to only have ONE coach ON DECK.
- It is of the utmost importance that coaches are communicating with their athletes regarding the timeline.
- REMINDER: Only 2 alternates will be allowed in the facility with your team for 2021 and should be in the balcony unless competing.

TEAM CHECK IN: There will not be deck passes. Each team will check in at a table in the Jenison Pool Lobby. Only two (2) coaches per team will be allowed at the meet. No manager passes. No extra passes will be available this year.

<u>MARSHALLING:</u> If all athletes, meet officials, coaches, and meet workers/volunteers can fit within the 367 facility limit we will not marshal. Should we need to utilize the auxiliary gym we will marshal accordingly.

LOST & FOUND: A lost and found will be located on site. All unclaimed items will be held for 48 hours. The MHSAA and event hosts are not responsible for lost or stolen items.

<u>FIRST AID/EMERGENCY PERSONNEL</u>: First aid/Emergency personnel will be on site. Jenison will have an athletic trainer on site during the entire competition. Lifeguards will also be on site the entire competition.

ELIGIBILITY INFORMATION: Mail or scan/email all athlete eligibility information to the Jenison HS Athletic Director Tim Ritsema, 2140 Bauer Road Jenison, MI 49428 tritsema@jpsonline.org

T-SHIRT/APPAREL SALES: The MHSAA will coordinate an online vendor for apparel sales for this meet.

IMPORTANT FACILITY NOTES:

- Everyone entering the facility will be asked to do a self-screen prior to entering:
 - o By entering the Jenison HS Aquatics Center, you are verifying that you do not have and have not had any of the following symptoms in the last 14 days (that are not normal to you):
 - Uncontrolled cough
 - Shortness of breath or difficulty breathing.
 - Loss of taste or loss of smell
 - Temperature equal to or higher than 100.4
 - Signs of fever (chills/sweating)
 - Sore throat
 - Congestion or runny nose
 - Diarrhea, vomiting, or abdominal pain
 - Muscle aches or Fatigue

Headache

- Athletes are to enter through the Jenison Pool Lobby and check in. Athletes and coaches should proceed to the pool area through any of the locker room entrances (the family locker room, women's locker room, and men's locker room).
- Swimmers are to arrive at Jenison in their suits if possible. Locker rooms are closed for unnecessary changing (ie. If they are going to warm up in a warmup suit wear the warmup suit to the pool). Locker rooms are open for bathroom use and changing into tech suits. Our goal is to limit time in the locker rooms as much as possible for all athletes.
- All athletes, coaches, officials, and meet volunteers/workers must wear a mask while in the facility.
 - O Divers may remove their mask when they are the next diver in line waiting to dive ("on deck"). After exiting the pool divers must put their mask on again until their next dive/"on deck" for their next dive.
 - Swimmers may remove their mask when in the water. Swimmers may take their mask off one heat prior to their event. After exiting the pool, swimmers will be required to put their mask on again until their next swim or when they enter the warmup/warm down lanes.
- All athletes, coaches, officials, and meet volunteers/workers should space out as much as possible during the entire duration of the dive competition and swim competition.
 - We will have up to three warm showers on deck during diving and two heat lamps. Each shower and each heat lamp has enough room for one diver. All divers must follow the assigned diving order for warm-up and for competition, this order will be kept throughout the entirety of the diving competition.
- Hand sanitizer is available on the pool deck, outside all locker rooms, and in the balcony.
- No glass containers allowed anywhere in the facility (pool deck, locker rooms, or balcony)
- There will not be a concession stand.

1:49 pm 500 Freestyle heat 3 ~ 20 minute break

2:16 pm 200 Freestyle Relay heat 1

- No coolers on deck/no food on deck
- Absolutely NO deck changing.
- No diving during warm up unless in a designated sprint lane.
- Only coaches and officials in the pool office <u>only when necessary</u>. Coaches and officials may not "hang out" in the office during the event (Covid policy). Please sit in hospitality during down time.
- Noisemakers, balloons, and flash photography are strictly prohibited.
- Hospitality will be provided with individually packaged or boxed meals for coaches and officials Friday and Saturday
- Athletes may not congregate on deck, in the stands, or in the parking lot after the competition.

Tentative Swimming Timeline (to be adjusted once all entries are in)

11:55 am Welcome and National Anthem 12:00 pm 200 Medley Relay heat 1 12:05 pm 200 Medley Relay heat 2 12:10 pm 200 Medley Relay heat 3 ~ 10 minute break **AWARDS for 200 Medley Relay** 12:25 pm 200 Freestyle heat 1 12:29 pm 200 Freestyle heat 2 12:33 pm 200 Freestyle heat 3 12:37 pm 200 IM heat 1 12:41 pm 200 IM heat 2 12:45 pm 200 IM heat 3 12:49 pm 50 Freestyle heat 1 12:51 pm 50 Freestyle heat 2 12:53 pm 50 Freestyle heat 3 12:55 pm 50 Freestyle Para heat ~ 20 minute break AWARDS for 200 Freestyle, 200 IM and 50 Freestyle 1:17 pm 100 Butterfly heat 1 1:20 pm 100 Butterfly heat 2 1:23 pm 100 Butterfly heat 3 1:26 pm 100 Freestyle heat 1 1:29 pm 100 Freestyle heat 2 1:32 pm 100 Freestyle heat 3 1:35 pm 500 Freestyle heat 1 1:42 pm 500 Freestyle heat 2

AWARDS for 100 butterfly, 100 freestyle, and 500 freestyle

2:20 pm 200 Freestyle Relay heat 2 2:24 pm 200 Freestyle Relay heat 3 2:28 pm 100 Backstroke heat 1 2:31 pm 100 Backstroke heat 2 2:34 pm 100 Backstroke heat 3 2:37 pm 100 Breaststroke heat 1 2:40 pm 100 Breaststroke heat 2 2:43 pm 100 Breaststroke heat 3 ~ 20 minute break AWARDS for 200 freestyle relay, 100 backstroke, and 100 breaststroke 3:06 pm 400 Freestyle Relay heat 1 3:11 pm 400 Freestyle Relay heat 2 3:16 pm 400 Freestyle Relay heat 3 3:21 pm AWARDS for 400 freestyle relay 3:31 pm **AWARDS** for teams