



West Ottawa MHSAA Pre-Regional 5-01

October 24, 2020

Participating High Schools:

Caledonia, East Kentwood, Grandville, Holland, Hudsonville, Jenison, West Ottawa, Zeeland East, Zeeland West

Schedule:

8:30-9:00 AM

Teams Arrive/Course Inspection

10:00 AM

Boys Varsity

10:30 AM

Girls Varsity

Location:

Harbor Lights Middle School, 1024 136th Ave., Holland, 49424 & Macatawa Bay Middle School, 3700 140th Street (see map)

Bus Parking: All Buses should enter the Parking lot behind Harbor Lights off of 136th St. (see map)

Spectator Parking: All spectators should enter from 136th Ave and will park in the Macatawa Bay MS Parking Lot. All Cars will be charged **\$10 for entry**. (see map)

COVID Related Items:

No Common water source will be provided, athletes are responsible for bringing their own food and drink.

No Team Tents, each team will be given a space to place all of their belongings.

All Coaches and spectators will be required to wear masks and need to follow social distancing guidelines. We will have areas of the course that will be closed off to spectators.

You will find the MHSAA XC Pre-Regional information has been updated to both MHSAA.com and Athletic.net.

<https://www.mhsaa.com/Sports/Boys-Cross-Country/2020-Regionals> - MHSAA.com

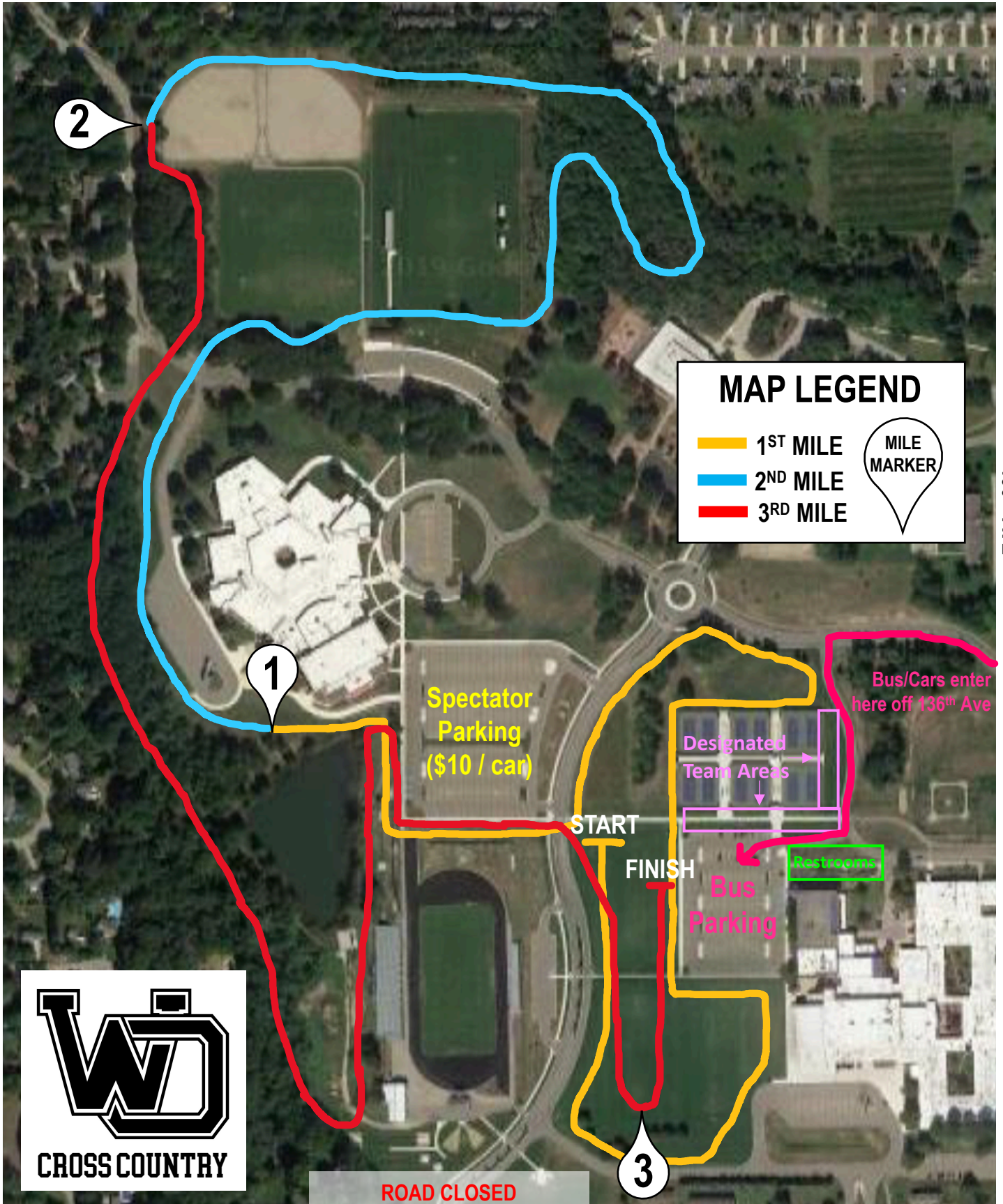
<https://www.athletic.net/CrossCountry/Michigan/> - Athletic.net

Some other reminders and updates.....

- Official MHSAA Race numbers (bibs) will be sent directly to the school that is hosting the Pre Regional - these are being produced this week and should go out sometime next week to each site.
- MHSAA Master Eligibility lists will be sent from the competing schools to the Regional host school by the October 16th date. If you as the Pre-Regional host have questions, please connect with the Regional host school that your Pre-Regional feeds.
- The Registration deadline for schools and for Atheltic.net athlete registration is Saturday, October 17 at 6 p.m. Schools may enter 8 runners but only race 7 by rule. The 8 runners allow some flexibility for substitutions and injuries.
- More MHSAA race protocols, rules and guidelines will be coming in updated MHSAA documents like the Manager's Manual and the Participating School Tournament Information documents. Those documents are being updated and will be posted and sent to you soon.

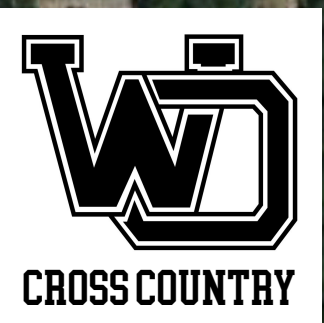


MHSAA PRE-REGIONAL 05-1 5K COURSE MAP



MAP LEGEND

- 1ST MILE (Yellow line)
- 2ND MILE (Blue line)
- 3RD MILE (Red line)
- MILE MARKER (Teardrop icon)



RILEY ST.

ROAD CLOSED
Cars must enter off 136th Ave

RILEY ST.

136th Ave

136th Ave