

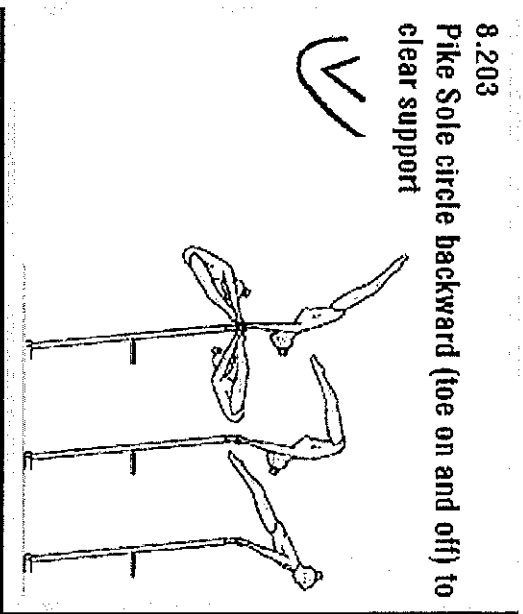


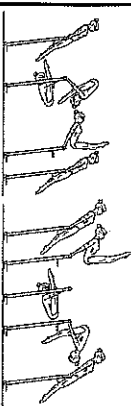
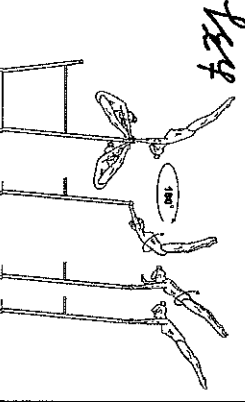
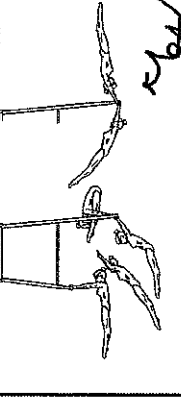
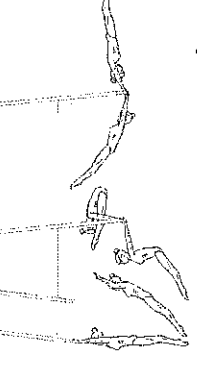
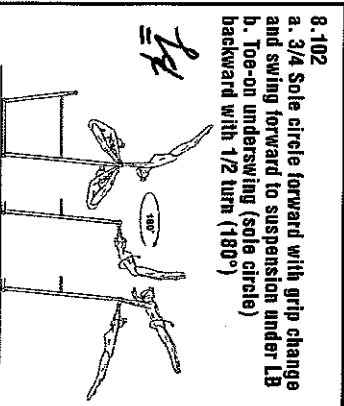
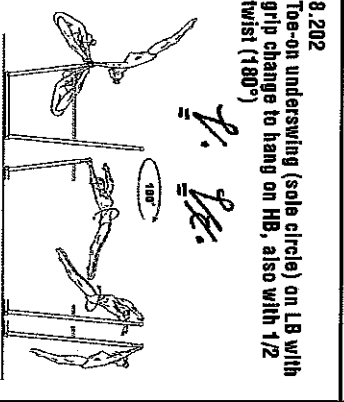
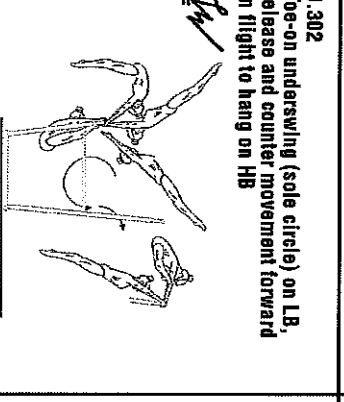
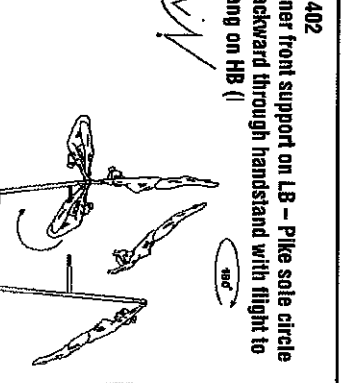
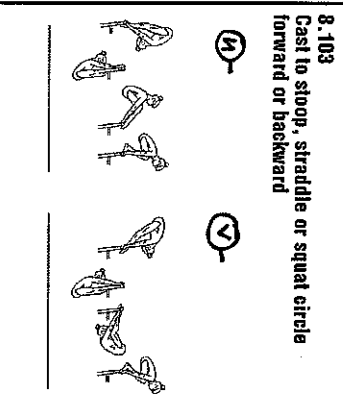
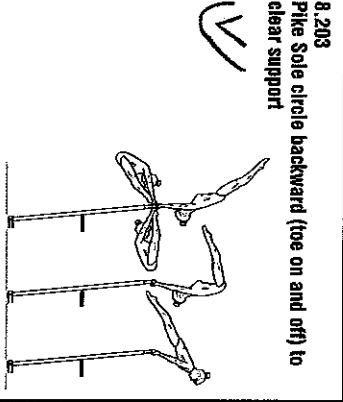
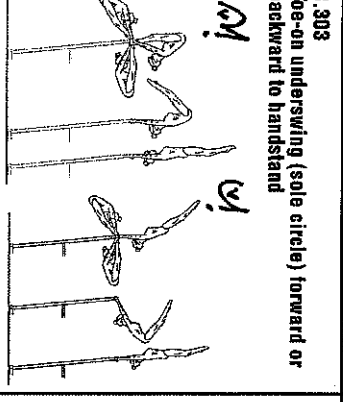
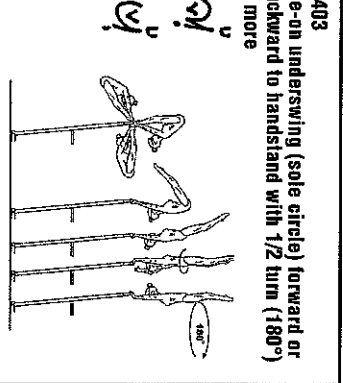
# RULE BOOK CORRECTION PAGE 49

- Corrected image to 8.203

8.203

Pike Sole circle backward (toe on and off) to clear support



Medium		Superior		High Superior		Advanced High Superior	
ART. 8 - Circles/Swings							
Group 8 -		Group 8 -		Group 8 -		Group 8 -	
8.101 Seat (pike) circle forward or backward		8.201 Underswing (toe-on) with 1/2 turn (180°) to clear support on same bar		8.301 Hang on HB, back to LB - stoop through, underswing backward (Inverted pike swing), dislocate (Schleudern) with flight over LB to hang, also from rear support on HB		8.401 Dislocate (Schleudern) with flight to handstand on LB	
8.102 a. 3/4 Sole circle forward with grip change and swing forward to suspension under LB b. Toe-on underswing (sole circle) backward with 1/2 turn (180°)		8.202 Toe-on underswing (sole circle) on LB with grip change to hang on HB, also with 1/2 twist (180°)		8.302 Toe-on underswing (sole circle) on LB, release and counter movement forward in flight to hang on HB		8.402 Inner front support on LB - Pike sole circle backward through handstand with flight to hang on HB ( )	
8.103 Cast to stoop, straddle or squat circle forward or backward		8.203 Pike Sole circle backward (toe on and off) to clear support		8.303 Toe-on underswing (sole circle) forward or backward to handstand		8.403 Toe-on underswing (sole circle) forward or backward to handstand with 1/2 turn (180°) or more	

Illustrations provided by USA Gymnastics

UB

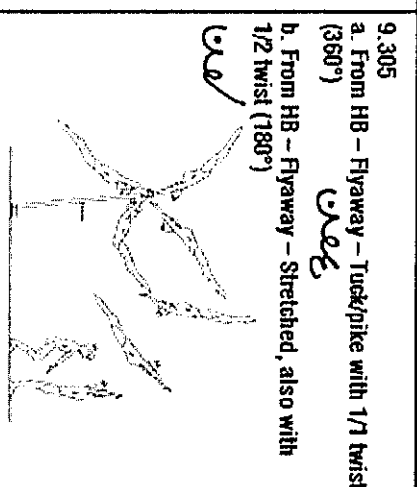
# RULE BOOK CORRECTION PAGE 53

- Corrected images below
- 9.305b
- 9.405a

9.305

a. From HB – Flyaway – Tuck/pike with 1/1 twist (360°) *W/E*

b. From HB – Flyaway – Stretched, also with 1/2 twist (180°) *W/E*

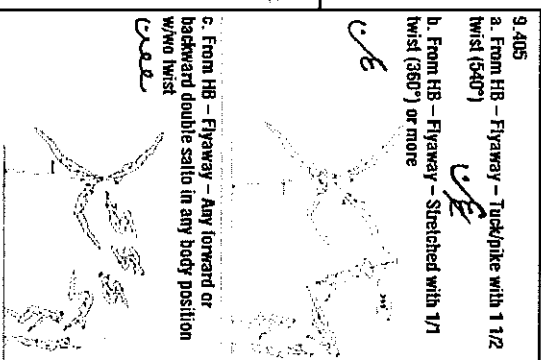


9.405

a. From HB – Flyaway – Tuck/pike with 1 1/2 twist (540°) *W/E*

b. From HB – Flyaway – Stretched with 1/1 twist (360°) or more *W/E*

c. From HB – Flyaway – Any forward or backward double salto in any body position w/no twist *W/E*



Medium

Superior

High Superior

Advanced High Superior

Group 9 – Dismounts

9.104	9.204 From front support on either bar, straddle cut over bar, back salto (Tanac) <i>safe</i>	9.304 From front support on either bar, straddle cut over bar, back salto with 1/1 twist (360°) or more (Tanac 1/1) <i>safe</i>	9.404  9.405 a. From HB – Flyaway – Tuck/pike with 1 1/2 twist (540°) <i>safe</i> b. From HB – Flyaway – Stretched with 1/1 twist (360°) or more <i>safe</i>
9.105	9.205 From HB – Flyaway – Swing down between bars, swing forward to salto backward (tuck/pike), also with 1/2 twist (180°) <i>safe</i>	9.305 a. From HB – Flyaway – Tuck/pike with 1/1 twist (360°) <i>safe</i> b. From HB – Flyaway – Stretched, also with 1/2 twist (180°) <i>safe</i>	9.405 c. From HB – Flyaway – Any forward or backward double salto in any body position w/no twist <i>safe</i>
9.106	9.206  9.306 a. From HB – From swing backward, inward front salto (tuck/pike/stretched), also with 1/2 (180°) <i>safe</i>	b. From HB – Swing down in regular grip between the bars with grip change to cross grip 1/2 (180°), turn in range of hanging position and swing upward – backward to salto forward tucked, piked or stretched also with 1/2 twist (180°) <i>safe</i>	9.406 a. From HB – From swing backward, inward front salto with 1/1 twist (360°) or more <i>safe</i> b. Front support on HB, cast to inward front salto <i>safe</i>

Illustrations provided by USA Gymnastics

UB