

# MENTOR

MICHIGAN HIGH SCHOOL ATHLETIC ASSOCIATION, INC.

Vol. XVII No. 2

## ***Bowling Added To MHSAA Postseason Tournament Schedule***

Bowling makes its debut as a Michigan High School Athletic Association postseason tournament in 2003-04, being added to the schedule in a vote taken Dec. 6 by the legislative body of the organization, the Representative Council.

By being added to the winter sports season schedule with separate girls and boys tournaments, the MHSAA will have a total of 26 championships – 13 for girls and 13 for boys – beginning next year.

Sponsorship of bowling as an interscholastic sport by MHSAA member schools has exceeded the 64-school minimum for consideration of MHSAA postseason tournaments. The Michigan High School Bowling Conference estimates that approximately 250 teams existed statewide last year as either interscholastic or community teams.

Details about the administration of the sport will be announced at a future date. It is anticipated that there would be at least a Regional level of competition prior to the postseason tournament Finals, and that the calendar would coincide with existing winter sports which end in an MHSAA-sponsored postseason tournament.

"The addition of bowling for girls and boys responds to the growth of bowling in all types of schools in all parts of our state, and it has the most immediate potential for growth in female participation," said MHSAA Executive Director John E. "Jack" Roberts. "We're pleased to offer this tournament at a time of year when there is less participation

in high school sports than in the fall and spring. It's a sport that doesn't require officials recruitment and training and doesn't add a scheduling burden to already over-used school facilities."

In making the decision to add bowling, the MHSAA utilized student interest surveys conducted in 1997-98 and 2001-02, its annual sports participation survey of member schools, and a follow-up survey in the summer of 2002 about sports in which the MHSAA does not currently offer postseason tournaments. The MHSAA Executive Committee appointed study groups in August to evaluate bowling, lacrosse, girls field hockey and girls ice hockey. MHSAA staff also met with the statewide leadership of the water polo and equestrian communities.

The Council will act at future meetings to add additional championships. It authorized a survey of member schools to determine participation commitments in potential MHSAA postseason tournaments in girls field hockey, girls ice hockey, lacrosse and water polo, to



be completed for review at the Council's next meeting on March 21, 2003.

The last addition to the MHSAA tournament schedule occurred in the 1993-94 school year, when the first Girls Competitive Cheer tournament took place that winter, attracting more participating schools and spectators than girls skiing and girls gymnastics combined. Prior to that, boys and girls soccer tournaments were initiated in the 1982-83 school year.

### **2003 WINTER FINAL DATES**

Feb. 14-15 — UP Individual Wrestling  
 Feb. 15 — UP Swimming & Diving  
 Feb. 24 — Boys & Girls Skiing  
 Feb. 28-March 1 — Team Wrestling  
 March 1 — Girls Competitive Cheer;  
 UP Girls Gymnastics

March 6-8 — Ice Hockey; LP Individual Wrestling  
 March 7-8 — LP Girls Gymnastics;  
 LP Boys Swimming & Diving  
 March 13-15 — Girls Volleyball  
 March 20-22 — Boys Basketball

# Michiganders Win Coach of the Year Honors

A trio of Michigan coaches earned national coach of the year honors from coaching associations last summer. Flint Powers Catholic girls basketball coach **Kathy McGee** and Farmington Hills Harrison football coach **John Herrington** received the top honor from the National Federation Coaches Association, while Blissfield baseball coach **Larry Tuttle** received plaudits from the National High School Athletic Coaches Association.

The NFCA coaches of the year were announced at its annual award banquet held in Montgomery, Ala., on July 20, 2002, at the Montgomery Civic Center. National coaches of the year were chosen from the sectional winners in each sport or category. Selections were made based on the following criteria: team performance over time, candidates involvement in other activities and sports, athletic philosophy, involvement in coaches associations, other recognitions received, and involvement in the community.

The NHSACA recognized its top honorees during its convention in Cromwell, Conn., on June 28, 2002.

The trio is pictured at right during the NFCA Conference (L to R): Herrington, McGee, Tuttle.

Also attending the NFCA Conference were the following sectional coaches of the year in attendance from Michigan, pictured below left (L to R): **Paul Nilsson**, boys track & field, Williamston; **James Lister**, boys cross country, Stockbridge; McGee; **Roger Fuller**, girls golf, Coldwater; Herrington, and Tuttle.



photos courtesy of Dan McShannock, Midland



Other sectional coaches of the year from Michigan not in attendance were: **Gordon St. John**, ice hockey, Detroit Catholic Central; **Nick Archer**, girls soccer, East Lansing, and **Paul Bartoshuk**, boys soccer, Detroit Country Day.

## NEW E-MAIL ADDRESS FOR MENTOR

Has your school or conference been in the news? Has your school or conference launched a Web site or changed the address to an existing site? Have you or one of your colleagues earned an honor or award?

Submit your contributions to *MENTOR* via e-mail at the following new address:

**[mentor@mhsaa.com](mailto:mentor@mhsaa.com)**

We look forward to your contributions, questions and concerns.

**OFFICIALS RATINGS DUE**  
March 21

Boys Basketball, Ice  
Hockey, Girls Volleyball,  
Wrestling

## ENTRY DUE DATES

- Feb. 5 — Boys Basketball, Ice Hockey
- Feb. 6 — Boys & Girls Skiing
- Feb. 7 — Team Wrestling
- Feb. 11 — UP Boys & Girls Swimming
- Feb. 12 — Girls Volleyball
- Feb. 21 — Girls Gymnastics
- March 4 — LP Boys Swimming

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**MENTOR** welcomes contributions of articles, information or photos which focus on coaching in Michigan. Send them to **[mentor@mhsaa.com](mailto:mentor@mhsaa.com)**, or the above address.

# Keys to Achieving Coaching Longevity

**Editor's Note:** The following article was written by Peter Moe, Athletic Director and head football coach at Washburn High School in North Dakota. This article first appeared in the June/July 2002 Issue of *Gridiron Strategies*, a national publication, and later was reprinted in the *North Dakota High School Activities Bulletin*.

Having just completed my 26th season of coaching high school football, I feel fortunate to have survived so long in a great profession that plays an important role in the positive development of our young people.

The following are the 10 basic tenets for coaching longevity that I've assembled through the years.

1. **Justify coach every day** – The most important element a coach can provide for his athletes is positive leadership not just on the field during the season, but throughout the offseason as well; in the hallways during the school day, or even at the local mall on the weekend. Successful coaching just doesn't happen during practice and games. There may be an offseason, but there are no days off for a coach.
2. **Be sincere** – If an athlete doesn't believe you have their best interests at heart, they'll never buy into the vision you have for the program. You must gain your player's trust. This doesn't mean that you must become their best buddy, but they must know that you'll be there for them if needed.
3. **Demand responsibility** – Our coaches have a motto, "Offer opportunity to all, but demand responsibility from all." These days, football coaches usually don't have to cut players from their squads. They can truly offer opportunity to everyone who wants to play. That doesn't mean that you should offer everyone equal playing time, but if an athlete truly wants to play, you must demand responsibility and accountability from each player.
4. **Forget the past, prepare for the future** – After the conclusion of each season, the media or community members will start asking how you're going to replace the departing seniors, especially the ones that earned postseason honors. The answer is easy. You will replace them as you have the seniors

who graduate every year.

Thank your seniors for their contributions, help them proceed with their lives and begin to focus on the remaining players. Evaluate their participation in other sports, in the weightroom or behavior in the lunchroom.

Make position changes to get your best players on the field and make any minor adjustments in your style of play to accommodate the strengths of the returning players. Keep an open mind and demonstrate confidence in your players. Every year, some players that you were concerned about will step up and play at a higher level.



5. **Attitude is more important than raw talent** – An athlete with all the natural ability in the world, but who has a poor work ethic, one who doesn't do well in school and is always walking the edge of a rule violation, will rarely come through for you on the field. But the athlete with less ability, who possesses a great attitude, is going to focus and give you every ounce of effort with the game on the line. These are the players who will make you and your team successful.
6. **Risks are sometimes necessary** – Only through risk is there a chance for ultimate success. Whether it's winning the game against a rival or deciding to

take a job offer, coaches rarely win by being overly cautious. We need to know when it's appropriate to take calculated risks.

7. **You can't always be Mr. Popular** – The right coaching decision may not always be popular and the popular decision may not always be right. Tough decisions like who to start at quarterback, when to go for it on fourth down, and how to enforce training rules are all difficult decision for coaches to make.

It's desirable to be a strong leader and also be popular. Unfortunately, coaches often find the two concepts are in conflict. When that happens, choose what's right regardless of its popularity. Establishing a program on integrity is imperative for long term success.

8. **Learn how to handle criticism** – For every coaching decision, there will be a criticism of that decision in your community. This is the law of the Monday morning quarterback. With the number of kids you have on your team, it's impossible to keep very player, parent and member of your community happy. Coaches have to develop a thick skin. Expect to hear criticism, as it comes with the job. Stay true to your philosophy and proceed with what you know is best for your program.
9. **Say what you mean, mean what you say** – To earn the trust and respect of your athletes and your community, have a sound basis for the rules and procedures. Establish rules that are essential to the success of your program and enforce them. Never create uneasy situations by making exceptions.
10. **Enjoy the journey** – All coaches love the exhilaration of game nights and the thrill of watching their athletes execute the gameplan with 100 percent effort. But in reality, you'll never win enough games to please all the parents, the community or yourself. Unless you win a championship with an undefeated season, most people will think you should have done better. Quite often, you may be your own toughest critic. To last in coaching, learn to love the journey and everything that comes with the year-round job of being a coach.

# NFHS Expresses Concern About Use of Supplements

In response to an increasing concern about the use of supplements by student-athletes at the high school level, the National Federation of State High School Associations (NFHS) has reiterated its stance against improper use of these products, which are unregulated by the Food and Drug Administration (FDA) and which contain potentially harmful ingredients such as creatine, ephedrine or excessive amounts of caffeine.

In 1998, the NFHS issued a position statement on the use of drugs, medications and supplements by participants in interscholastic sports. With current empirical data indicating continued widespread use of such products by persons of high school age, the NFHS, through its Sports Medicine Advisory Committee, reminds leaders in the nation's 18,000 high schools of the key points of that statement: "All student-athletes and their parents/guardians should consult with their physicians before taking any supplement product. In addition, coaches and school staff should not recommend or supply any supplement product to student-athletes."

The statement was issued at the request of the NFHS Sports Medicine Advisory Committee and was intended to serve as a strongly worded warning to student-athletes, parents and school officials. The warning reminded all interested parties that medications, supplements and consumables purporting to enhance strength and/or endurance should be ingested, if at all, only in accordance with

applicable laws, manufacturer's dosage limits and the advice of one's own health-care provider.

"Because of the reported high level of supplement usage by teenagers, the NFHS is asking that its warning be given increased emphasis by all interested parties," said Jerry Diehl, NFHS assistant director and staff liaison to the Sports Medicine Advisory Committee.

The NFHS recently published the second edition of the *NFHS Sports Medicine Handbook*, a 96-page publication that contains information on supplements, as well as many other medical, equipment and administrative issues. The first edition in 2001 was distributed to high schools throughout the country through the NFHS' member state high school associations.

The current edition is available at a cost of \$10 and can be purchased by sending written request with payment to the MHSAA.



## NFHS Position on Food Supplements

School personnel and coaches should not dispense any drug, medication or food supplement except with extreme caution and in accordance with policies developed in consultation with parents, health-care professionals and senior administrative personnel of the school or school district.

Use of any drug, medication or food supplement in a way not prescribed by the manufacturer should not be authorized or encouraged by school personnel and coaches. Even natural substances in unnatural amounts may have short-term or long-term negative health effects.

In order to minimize health risks to student-athletes, maintain ethical standards and reduce liability risks, school personnel and coaches should never supply, recommend or permit the use of any drug, medication or food supplement solely for performance-enhancing purposes.

## Public Law 187 Prohibits Promotion/Distribution of Performance Enhancing Supplements

Michigan public school employees and volunteers are prohibited by Public Law 187 from promoting or supplying dietary supplements which carry claims of enhanced athletic performance. The Law covers adrostenedione, creatine and any compound labeled as performance enhancing.

## Properly Marked Fields Will Help Officials

It seems like every year at the annual football rules meeting the MHSAA or National Federation is harping on us for ways to speed up the game. Did anyone ever consider that many fields in the state are marked poorly or not even marked correctly at all? Did anyone ever consider that a well-marked field helps to speed up the game? There are only a few schools that go the extra mile and install yard-line extensions at the inbound lines. Even fewer put these on the sidelines as well. In fact, I only recall Freeland and Meridian as schools that I worked which install yard-line extensions at both the inbound lines and sidelines. This definitely helps speed up the game by reducing the number of measurements required. With the yard line extensions, at a glance you can see if a measurement is required. This also makes it easier to administer penalties and facilitate the game in general.

If you don't believe that a well-marked field can help you work the game, consider that in my 11 years of football officiating in Michigan, I have seen the following examples: 1) An inadvertent whistle blown at the 5-yard line (the goal line was a faint yellow, so faint that you could not detect it in the sun light). 2) A football field that was marked prior to mowing the lawn. Upon mowing, the markings were so faint that you could barely see them. 3) First downs anywhere between 9 and 11 yards depending on the location of the field. 4) Coach's boxes marked 5 yards longer or shorter on each end than they should be. 5) The extra-point line at the 2-yard line. 6) Lines as crooked as a barrel of snakes. 7) The last play of a quarter left A with the ball, fourth and less than 1 yard to go. They switched ends for the second quarter and now A had a first down (this happened to another MAOA crew).

Please acknowledge schools like Freeland and Meridian for the pride that they have demonstrated in marking their field. They help us do our job and we appreciate it.

— Bill Cynecki  
Midland Athletic Officials Association

# Nancy Clark Receives 2003 WISL Award

Nancy Clark, recognized for excellence as a pioneer, a teacher-coach, a game official, and athletic administrator in her educational career in the Flint community, has been named the recipient of the 2003 Women In Sports Leadership Award by the Representative Council of the Michigan High School Athletic Association.

Each year the Representative Council considers the achievements of women coaches, officials and athletic administrators affiliated with the MHSAA who show exemplary leadership capabilities and positive contributions to athletics. The award will be presented during a luncheon at the 2003 Women In Sports Leadership Conference on Feb. 3 in Lansing.

Clark is retired from day-to-day school work after spending 25 years at Carman-Ainsworth High School in Flint. She coached girls basketball and softball for eight seasons at the school, with one of her softball squads reaching the Semifinals of the MHSAA Class A tournament. Her last 16 years at Carman-Ainsworth were spent in administrative work as the school's athletic director. She was one of the first females statewide to serve in such a role.

In the officiating ranks, Clark was registered for 25 years in basketball and 23 years in softball. She first registered with the MHSAA in 1965, making her one of the female pioneers in that avocation.

Administratively, Clark was active as an appointee to the MHSAA Representative Council, serving from 1988 to 1992. She also served on numerous MHSAA committees and hosted a number of Association tournaments.

But Clark's greatest contribution to the advancement of females in sports may have been as a mentor to some of the up-and-coming women coaches and administrators who have followed her.

"As a female in a field traditionally dominated by men, I for one have reaped the benefits of Nancy's mentorship and leadership," said Kathy McGee, girls basketball coach and athletic director at Flint Powers Catholic High School. McGee is the winningest girls basketball coach in Michigan history with a 526-129 record through

the 2002 season. "Nancy made many inroads in athletics as an official, coach and administrator for females to follow and succeed. What was more important and impressive, was she did it at a time when she had few other females to look to for support or direction."

"Mentorship is the true mark of a leader," said John E. "Jack" Roberts, executive director of the MHSAA. "It is showing the way for others, and being there for support in many different ways. Nancy Clark has been, and continues to be, a woman of sports leadership. We're pleased to honor her with this award."



Clark, who continues to serve the inter-scholastic athletic community as a consultant, earned her Bachelor's degree in Education and an Education Specialist degree from Central Michigan University. She earned her Master's degree in Education from Arizona State University.

Clark is the 14th recipient of the Women In Sports Leadership Award. Past recipients are:

- 1990 - Carol Seavoy, L'Anse
- 1991 - Diane Laffey, Harper Woods
- 1992 - Patricia Ashby, Scotts
- 1993 - Jo Lake, Grosse Pointe
- 1994 - Brenda Gatlin, Detroit
- 1995 - Jane Bennett, Ann Arbor
- 1996 - Cheryl Amos-Helmicki, Huntington Woods
- 1997 - Delores L. Elswick, Detroit
- 1998 - Karen S. Leinaar, Delton
- 1999 - Kathy McGee, Flint
- 2000 - Pat Richardson, Grass Lake
- 2001 - Suzanne Martin, East Lansing
- 2002 - Susan Barthold, Kentwood

## Remaining Dates for 2003 PACE Classes

***Dates remain for 2003 PACE training courses.  
Register now for one of the remaining dates!***

### **Level I**

Saturday, February 1 - WISL, DeWitt High School (8:30-4:00)  
Mon. - Wed., February 3, 5 - Flint, Genesee County ISD (6:00-9:30)  
Saturday, March 15 - MIAAAA, Grand Traverse Resort (8:30-4:00)  
Friday, April 4 - Marquette High School (8:30-4:00)

### **Level II**

Saturday, February 1 - WISL, DeWitt High School (8:30-4:00)  
Mon. - Wed., February 10, 12 - Flint, Genesee County ISD (6:00-9:30)  
Saturday, March 15 - MIAAAA, Grand Traverse Resort (8:30-4:00)  
Saturday, April 5 - Sault Ste. Marie High School (8:30-4:00)

***Click here for further information and an enrollment form***

# Fall Tournament Good Sports Are Winners!

## Award Recipients Announced

The recipients of the top Michigan High School Athletic Association's Good Sports Are Winners! Awards for the recently completed 2002 fall sports season have been named, with each school to receive commemorative banners and crystal trophies from MEEMIC Insurance, the Association's corporate partner in sportsmanship efforts.

**Hudsonville Freedom Baptist** and **South Haven** in boys soccer, **Hopkins** in football, and **Byron Center** in girls basketball, were selected by the tournament management at their respective Finals for displaying the most exemplary sportsmanship by their coaches, student-athletes and spectators. Presentation dates at all four schools will be announced at a future date.

Hudsonville Freedom Baptist was the champion in the Division 4 boys soccer tournament, and South Haven was runner-up in Division 3; Hopkins was runner-up in the Division 6 football playoffs; and Byron Center was a semifinalist in the Class B girls basket-

ball tournament.

In addition to receiving the Finals award, South Haven was honored at the Regional level; and Hudsonville Freedom Baptist was honored at the Semifinal level. This is the first Finals level award in any sport for each of the winning schools.

The Good Sports Are Winners! Award is making its return in 2002-03 with the corporate underwriting of MEEMIC Insurance. The program had previously been offered from 1989 to 1996, and again during 2000-01.

At the District and Regional level of MHSAA tournaments, all schools which meet a set of sportsmanlike standards will be recognized. There will continue to be standards in the program which would automatically disqualify a school from consideration from the award. Any team which is disqualified for the Good Sports Are Winners! Award at the

District or Regional level of a tournament becomes ineligible for the award at higher levels of that same tournament.

In all, 219 teams in girls basketball, football and boys soccer are being recognized for their outstanding sportsmanship at Fall tournaments. Those teams will be recognized through the publication of their names in the *MHSAA Bulletin*, the MHSAA Finals program series, and on the

MHSAA Web site. During the course of the school year, over 1,000 teams will be recognized in 11 activities for their sportsmanship efforts during MHSAA tournaments.

The following is a list of Good Sports Are Winners! Award recipients as submitted by tournament managers through Jan. 13 for the recently completed Fall sports season.



### 2002 Fall Award Recipients

*Based on reports received at the MHSAA offices as of 1/13/03.*

*NOTE: There can be more than one winner at each site, and not all site managers responded.*

#### Boys Soccer

##### District Awards

Adrian  
Adrian Lenawee Christian  
Allen Park Cabrini  
Allen Park Inter-City Baptist  
Beaver Island  
Brownstown Woodhaven  
Buchanan  
Chelsea  
Clinton Township Chippewa Valley  
Clio  
East Kentwood  
Farmington Harrison  
Fowlerville  
Grand Marais-Burt Township  
Grand Rapids Forest Hills Central  
Grand Rapids Forest Hills Northern  
Grand Rapids Ottawa Hills  
Grand Rapids Union  
Grandville  
Haslett  
Hillsdale  
Holland Black River  
Holland Calvary Baptist  
Jackson Christian  
Jenison  
Leland

Livonia Stevenson  
Lutheran Westland  
Mackinac Island  
Macomb L'Anse Creuse North  
Maple City Glen Lake  
Mason  
Milan  
Monroe  
Muskegon Western Michigan Christian  
North Branch  
North Muskegon  
Oscoda  
Port Huron  
Port Huron Northern  
Rockford  
Saginaw  
St. Joseph  
Sterling Heights  
Stevensville Lakeshore  
Sturgis  
Suttons Bay  
Tawas Area  
Taylor Truman  
Tecumseh  
Temperance Bedford  
Traverse City Christian  
Utica  
Utica Eisenhower  
Ypsilanti

##### Regional Awards

Allen Park Inter-City Baptist  
Cheboygan  
Chelsea  
Fenton  
Flint Powers Catholic  
Grand Rapids South Christian  
Jackson Christian  
Lansing Christian  
Oxford  
Petoskey  
Shelby  
South Haven  
Spring Lake

##### Semifinal Awards

Harbor Springs  
Hudsonville Freedom Baptist

##### Final Awards

Hudsonville Freedom Baptist  
South Haven

## Football

### Pre-District Awards

Ann Arbor Pioneer  
East Kentwood  
East Lansing  
Grandville  
Indian River Inland Lakes  
Lowell  
Manistee Catholic Central  
Merrill  
Mt. Pleasant Sacred Heart  
Muskegon Catholic Central  
Suttons Bay

### District Awards

Benzie Central  
Calumet  
Charlotte  
East Kentwood  
Holland West Ottawa  
Mason  
Muskegon Catholic Central  
Suttons Bay  
Wayland Union

### Regional Awards

Iron Mountain  
Iron Mountain North Dickinson  
Muskegon Catholic Central  
Norway  
Traverse City St. Francis

### Semifinal Award

Lowell

### Final Award

Hopkins

## Girls Basketball

### District Awards

Adrian Lenawee Christian  
Alanson  
Alba  
Ann Arbor Rudolph Steiner  
Baldwin  
Battle Creek Pennfield  
Bay City John Glenn  
Belaire  
Bellevue  
Big Rapids Crossroads Academy  
Blanchard Montabella  
Blissfield  
Breckenridge  
Brethren  
Britton-Macon  
Brown City  
Burton Atherton  
Burton Bendle

Caledonia  
Caro  
Carrollton  
Carson City-Crystal  
Carsonville-Port Sanilac  
Cedar Springs  
Clinton Township Clintondale  
Comstock  
Dansville  
Davision  
Deckerville  
Deerfield  
Delton Kellogg  
Detroit Crockett  
Dollar Bay  
Dowagiac  
Edwardsburg  
Engadine  
Escanaba  
Essexville Garber  
Fairview  
Flint Beecher  
Flint Carman-Ainsworth  
Flint Kearsley  
Flint Northern  
Flint Northwestern  
Frankenmuth  
Freesoil  
Gaylord  
Hale  
Harbor Springs Harbor Light Christian  
Hart  
Hastings  
Hesperia  
Howard City Tri-County  
Hudsonville Unity Christian  
Iron Mountain North Dickinson  
Ithaca  
Lake Linden-Hubbell  
Lake Odessa Lakewood  
Leslie  
Mackinaw City  
Macomb Dakota  
Macomb L'Anse Creuse North  
Macomb Lutheran North  
Adrian Madison  
Marlette  
Mason County Eastern  
Mayville  
McBain Northern Michigan Christian  
Middleville Thornapple-Kellogg  
Midland Bullock Creek  
Morenci  
Morley-Stanwood  
Muskegon Catholic Central  
Muskegon West Michigan Christian  
Olivet  
Ottawa Lake Whiteford  
Ovid-Elsie

Painesdale-Jeffers  
Pinconning  
Pittsford  
Port Huron  
Port Huron Northern  
Portage Central  
Portland  
Powers North Central  
Rapid River  
Rochester Hills Lutheran Northwest  
Rock Mid-Peninsula  
Roseville  
Saginaw Nouvel  
Sandusky  
Schoolcraft  
Shelby  
Springport  
St. Clair  
Stanton Central Montcalm  
Sturgis  
Twining Arenac Eastern  
Vassar  
Vermontville Maple Valley  
Vicksburg  
Warren Cousino  
Warren Mott  
Warren Woods-Tower  
Wyandotte Mt. Carmel  
Wyoming Godwin Heights  
Wyoming Kelloggsville  
Wyoming Tri-unity Christian

### Regional Awards

Burton Bentley  
Canton  
Colon  
DeWitt  
Menominee  
New Lothrop  
Pewamo-Westphalia  
Saginaw Swan Valley  
Tawas Area  
Vermontville Maple Valley

### Quarterfinal Awards

Carney-Nadeau  
Detroit Country Day  
Detroit Renaissance  
East Grand Rapids  
Fraser  
Rapid River  
West Bloomfield

### Final Award

Byron Center

# Midland Dow, Troy Athens Honored at MHSAA Girls Basketball Finals as MIAAA Exemplary Programs

Michigan's professional organization of high school athletic directors, the Michigan Interscholastic Athletic Administrators Association (MIAAA), recently recognized Midland Dow and Troy Athens high schools as having Exemplary Athletic Programs. Representatives of Dow and Athens were recognized by the MIAAA and the MHSAA at halftime of the Class A Girls Basketball Final on Dec. 7.

The MIAAA, in partnership with the MHSAA, conducted the extensive review program this fall prior to recognizing Dow and Athens as two of Michigan's model high school athletic programs. The schools went through a rigorous screening process, which included an application and a written documentation of the program's strengths. Both schools also hosted a two-day, on-site visit by a MIAAA evaluation team made up of veteran athletic administrators.

The MIAAA Exemplary Athletic Award Program recognizes outstanding school athletic programs which greatly

serve students, families, communities and schools. Michigan's athletic administrators realize these exemplary programs occur when partnerships and cooperation exist between all administrators in a school district, as well as among parents, community and student leaders.

The athletic programs' philosophy at Dow High School is that participation in athletics helps young people develop physically, emotionally and intellectually. Desirable outcomes include the development of not only physical skill but also sportsmanship, citizenship, teamwork, self-discipline, loyalty, tolerance, and perseverance. The athletic program offers 22 sports, 11 for males and 11 for females.

Fifty-two teams compete at freshman through varsity levels.

Athletic director Dan McShannock stated, "We are proud of the fact that each year we average over 44 percent of our male and female students participating on at least one athletic team."

In Midland Dow's 33-year athletic history, the athletic teams have won 123 Saginaw Valley Conference championships, 49 MHSAA District championships, 40 Regional titles, 11 runner-up finishes and three MHSAA Finals championships. In the past four or five years, Dow's boys and girls teams have either won the

Booster Club. Through this organization's efforts Dow High receives over \$30,000 in gifts each year.

The philosophy of the athletic department at Troy Athens High School maintains that participation in athletic activities is a valuable educational tool that provides lessons in teamwork, sportsmanship and self-confidence. Emphasis is placed on maintaining a quality program where student-athletes and spectators follow sound concepts of fair play, good sportsmanship, mutual respect and cooperation. A "win at all cost" mentality, which undermines good sportsmanship, is not tolerated.

Troy Athens High School continues to offer its student body a very comprehensive athletic program. The athletic program is cognizant of the ever-changing student body needs and responds to the students with a wide variety of interscholastic sports and activities. The program

offers 28 varsity programs, 15 for girls and 13 for boys. A complete junior varsity and freshman program is offered to complement varsity teams. Troy Athens boasts a total of 63 interscholastic teams.

Athletic Director Bob Dowd says, "The process that is involved is a good reflection on the community, school personnel and student body. Our Troy Athens Red Hawks have achieved a great deal of success due to the efforts of the veteran staff and the parent cooperation."

The Troy School District goal is educational athletics, believing that the educational process continues onto the athletic practice field. Coaches are the teachers and the playing fields are the classrooms.



20-20 Photographic

Troy Athens and Midland Dow display banners at the MHSAA girls basketball finals in Mt. Pleasant on Dec. 7. Each school honored by the MIAAA was recognized at the event.

SVL Richard Leach All Sports Trophy or been runner-up.

Dow student-athletes have also excelled in the classroom. The average GPA of its student-athletes has exceeded 3.30 in each of the past three years. Dow athletes continue to lead the SVL in Scholar Athlete recipients with a two year average of 413. Dow student-athletes have taken part in Peer Tutoring Programs, D.A.R.E. presentations, Lunch Box Learners Program and sportsmanship workshops. Dow athletes strive to become well-rounded individuals with the skills and character to be contributing citizens.

Dow High School is fortunate to have the support of the Dow High All Sports