DIVISION 2 – Forest Hills Central (20-0)

Division:	2					
City:	Grand Rapids	School Name:	Forest Hills Central			
Team reco	Team record at completion of Quarterfinal play: 20-0					

Head Coach:	Andy Shira (77-7, 5 years)				
Years as varsit	y head coach in this sport at your school:	5			
Record as vars	ity head coach in this sport at your school:	76-7			

School Nickname:	Rangers				
School Colors:	Green & Wh	Green & White			
Superintendent:	Dan Behm				
Principal:	Steve Passii	nault			
Athletic Director: Jonathan Go		pei			
Conference: O-K Confere		ence - Tier 1 (6-0,	1 st)		
Conference Record This Season:		6-0	Conference Finish:	1 st	

FOREST HILLS CENTRAL TEAM ROSTER

NUM	IBER	NAME (Use Full Names)	Pos.	Ht.	Wt.	Class
Lt.	Dk.	First Name - Last Name				(Fr Sr.)
1	1	Mac Boike	G		Sr.	
2	2	Jonah McConnell	Α		Jr.	
3	3	Magnus Salmon	DM		Jr.	
4	4	Crandall Quinn	G		Jr.	
5	5	Jake Koning	M		Jr.	
6	6	Dom Schipani	M		Jr.	
7	7	Quentin Rudolph	DM		Sr.	
8	8	Carter Lyons	Α		Jr.	
9	9	Miles Duiven	Α		Sr.	
10	10	Quinlen Sutherland	D		So.	
11	11	John Tomsheck	Α		Sr.	
12	12	Nolan Hartl	M		So.	
14	14	Reese Le	M		Jr.	
15	15	Jack McNamara	M		Sr.	
16	16	Jacob Bonnett	DM		Sr.	
17	17	Nathan Sarjeant	M		Sr.	
18	18	Jack Benner	DM		Jr.	
19	19	Collin Webb	M		Jr.	
21	21	Luke Wedder	FO		So.	
22	22	John Henry Foster	D		Sr.	
23	23	Noah Rowland	Α		So.	
24	24	Brady Drueke	D		So.	
25	25	Graham Bennett	М		Jr.	
26	26	Mickey Mehney	M		So.	
27	27	Sammie Rouvillois	DM		Sr.	
28	28	Vaughn Cheslek	D		So.	
29	29	Zach Cheslek	D		So.	
30	30	Tyler Nass	DM		So.	
31	31	Reece Roskam	M		Jr.	
32	32	Sam Sneider	LSM		Jr.	
33	33	Orion Roskam	Α		Fr.	
34	34	Jack Bunke	Α		Fr.	
35	35	Owen Barber	DM		So.	
36	36	Luke VanGorp	D		So.	
38	38	Jackson Robinson	G		So.	
40	40	Ellis Le	Α		Fr.	
42	42	Ty Ryan	DM		Fr.	

Head Coach:	Andy Shira (77-7, 5 years)
Assistant Coaches:	Blake McDonald, Andrew Clay, Craig Swayze, Thomas Sible, Tony Quinn
Captains:	Crandall Quinn, John Tomsheck, Jack McNamara, John Henry Foster
Athletic Trainer:	CJ Strawser
Manager:	Scott Sible

FOREST HILLS CENTRAL SCHEDULE & RESULTS

YOU	OPPONENT	OPP
11	Hamilton Southeastern (IN)	8
8	Carmel (IN)	5
18	Detroit Country Day	10
15	Grand Rapids Catholic Central	7
18	Caledonia	4
15	Orchard Lake St. Mary's	2
16	Brighton	6
15	Rockford	1
17	Forest Hills Northern	4
10	Hartland	8
12	East Grand Rapids	5
14	Forest Hills Eastern	6
21	Okemos	12
10	Midland	9
16	Clarkston	3
9	Detroit Catholic Central	6

	MHSAA Regionals	
16	Byron Center	3
22	Lowell	6
	MHSAA Quarterfinal	
19	Portage Northern	2

FOREST HILLS CENTRAL HEAD COACH INFORMATION

Head Coach:	Andy Shira			
Years as varsity head coach in this sport - career:		5		
Record as varsity hea	d coach in this sport - career:	76-7		

				HEAD COACH\THIS SPORT\CURRENT SCHOOL
YEAR	WINS	LOSSES	TIES	NOTES (Use following codes):
				C-Conference Title; D-District Title; R-Regional Title;
				F-Finals Title; RU-Finals Runner-Up
2018	19	2		C, R, RU
2019	22	1		C, R, F
2020				
2021	16	4		C, R
2022	19	0		C, R
				,
		1		

High School Attended-Year Graduated:		Rockford ('09)
College Attended-Year Graduated:		Michigan State University ('14)
Additional Education:		
Athletic/Coaching Background:	2) Defensive C 3) Defensive C	igh School Assistant Coach (2010-2012) Coordinator @ FHC (2013-2017) Coordinator @ GVSU (2015) n @ FHC (2018-current)

FOREST HILLS CENTRAL PROBABLE STARTING LINEUP

Position	Number	Name
A	2	Jonah McConnell
А	9	Miles Duiven
А	11	John Tomsheck
FO	21	Luke Wedder
М	17	Nathan Sarjeant
LSM	32	Sam Sneider
D	22	John Henry Foster
D	24	Brady Drueke
D	36	Luke VanGorp
G	4	Crandall Quinn

TOP RESERVES

Position	Number	Name
M	12	Nolan Hartl
М	15	Jack McNamara
D	10	Quinlen Sutherland
DM	3	Magnus Salmon
М	19	Collin Webb

FOREST HILLS CENTRAL STATISTICAL INFORMATION

Statistics Through 19____ Games

Player	Games Played	Goals	Assists	Shots
John Tomsheck	19	72	48	146
Jonah McConnell	19	75	20	170
Miles Duiven	19	30	1	76
Nolan Hartl	19	16	18	46
Jack McNamara	19	14	12	45
Nathan Sarjeant	18	11	9	18
Collin Webb	18	7	4	15
Jake Koning	19	14	9	38
Magnus Salmon	19	16	3	64
Sam Sneider	19	4	8	11
Graham Bennett	19	4	2	11
TOTALS	19	282	146	719
OPPONENTS				

Goalie Statistics

Player	Games Played	Minutes	Goals Against	GA Avg.	Saves Made	Saves Pct.	Shutouts
Crandall Quinn	18	708	76	5.2	171	69%	1
TOTALS	19	912	107	5.6	203	65%	
OPPONENTS							

NOTE: To compute Saves Pct., divide Saves Made by the total of Goals Allowed and Saves Made. To compute Goals Against Avg., divide Goals Allowed by Minutes Played and multiply by 48.

DIVISION 2 – Detroit Country Day (19-2)

Division:	2		
City:	Beverly Hills	School Name:	Detroit Country Day School
Team reco	19-2		

Head Coach:	Chris Garland (42-16, 3 years)	
Years as varsity head coach in this sport at your school: 3		
Record as varsity head coach in this sport at your school:		41-16

School Nickname:	Yellowjacket	Yellowjackets				
School Colors:	Navy & Gold	Navy & Gold				
Head of School:	Rich Demps	Rich Dempsey				
Interim Director:	John William	John Williams				
Athletic Directors:	Dan MacLea	Dan MacLean, Ross Cooper, Dan Luft				
Conference:	Independent					
Conference Record T	his Season:	N/A	Conference Finish:	N/A		

DETROIT COUNTRY DAY TEAM ROSTER

NU Lt.	IMBER Dk.	NAME (Use Full Names) First Name - Last Name	Pos.	Ht.	Wt.	Class (Fr
						Sr.)
1	1/42	Ryan Ciacci	Ryan Ciacci A 6-0		180	Jr.
3	3/92	Andrew Zecman	FOGO	5-9	175	So.
5	5/64	Matt Stevanovich	D	5-10	170	Jr.
6	6/60	Will Thompson	Α	5-10	150	So.
7	7/77	Caiden Ramos	М	5-10	175	So.
8	8/56	Gabe Winowich	М	6-0	215	So.
9	9/65	Cole Jacobson	М	6-0	200	Jr.
10	10	Oliver Aaron	М	6-0	160	So.
11	11	Ryan Lyngklip	D/LSM	6-2	180	Sr.
12	12	Talon Garn	A/M	5-11	155	Jr.
13	13/58	Andrew Gryzenia	D	6-2	180	Fr.
14	44	Shafeek Halabi	D	6-0	175	So.
15	15	Caden Daley	A/M	6-0	165	So.
16	16/76	Nicholas Voultos	D/LSM	6-1	180	So.
18	18/63	Kellen Curby	GK	6-2	160	Fr.
19	19/88	Max Kunnath	GK	5-9	180	Sr.
20	20/70	Jack Donigian	М	5-9	165	Jr.
21	21	Joseph Norton	М	6-04	190	Fr.
22	22	Parker Yearego	Α	5-8	165	Sr.
23	23	Jack Szalanski	D/LSM	5-10	175	So.
24	24	Jack Freeman	GK	6-2	200	Sr.
25	25/82	Ben Farah	D	5-9	150	Jr.
27	27	Cormac Scane	Α	6-0	165	Fr.
28	28	Simon Stoller	М	5-9	160	Fr.
29	29/73	Andrew Brentano	М	5-9	180	So.
30	30	Maclin Stover	М	5-9	160	Sr.
32	32			195	Jr.	
33	33	Luke Grove			180	Sr.
34	34/84	Navade Haq	D	5-11	140	Fr.
35	35	Trevor Corless	D/LSM	6-1	170	So.
38	38/85	Mattingly Jenkins	М	5-7	155	Sr.
42	42/73	Stephen Brentano	М	5-8	165	So.

Head Coach:	Chris Garland (42-16, 3 years)
Assistant Coaches:	Matt Gunsorek, Jeff Colbert, Jake Fredal, Alan Oliphant, George Saigh
Captains:	Ryan Lyngklip, Luke Grove, Parker Yearego, Jack Freeman
Athletic Trainers:	Ross Cooper, Kady O'Connell, Andrew Hughes
Managers:	

DETROIT COUNTRY DAY SCHEDULE & RESULTS

YOU	OPPONENT	OPP		
19	South Lyon	8		
13	East Grand Rapids	6		
10	Forest Hills Central			
16	Warren DeLaSalle	5		
18	Brighton	5		
20	Grosse Pointe South	4		
21	Saline	5		
20	Midland	10		
15	Forest Hills Northern	4		
18	Grandville	7		
18	Lake Orion	4		
25	Northville	0		
17	Rochester Adams	5		
16	Hartland	17		
19	Detroit U-D Jesuit	0		
22	Bloomfield Hills	0		
15	Forest Hills Eastern	4		
LL				

	MHSAA Regionals	
22	Walled Lake Western	4
17	BH Cranbrook Kingswood	5
	MHSAA Quarterfinal	
18	Okemos	1

DETROIT COUNTRY DAY HEAD COACH INFORMATION

Head Coach:	Chris Garland		
Years as varsity head coach in this sport - career:		3	
Record as varsity head coach in this sport - career:		41-16	

YEAR-BY-YEAR RESULTS\VARSITY HEAD COACH\THIS SPORT\CURRENT SCHOOL

YEAR	WINS	LOSSES	TIES	NOTES (Use following codes):
				C-Conference Title; D-District Title; R-Regional Title;
				F-Finals Title; RU-Finals Runner-Up
2019	10	10		R
2020				COVID-19 Year
2021	13	4		R
2022	18	2		R

High School Attended-	Year Graduated:	Xavier High School-1996
College Attended-Year	Graduated:	Hampden-Sydney College-2000
Additional Education:	Georgetown Univer	rsity 2009
Athletic/Coaching Background:	intercollegiate lacro graduating in 2000, Virginia working wit serve as an assista Blue Ridge School, The Mater Dei School, School, Edina High	year of coaching men's lacrosse. He played asse at Hampden-Sydney College, and after he started his coaching career in Charlottesville, the town's recreational league. He went on to ant or head coach at St. Anne's-Belfield School, The Westwood High School, Westlake High School, Georgetown Preparatory School, The Blake School, St. Paul's School for Boys, and The bach Garland joined DCDS in 2018 as a member of tory teacher.

DETROIT COUNTRY DAY PROBABLE STARTING LINEUP

Position	Number	Name
GK	19/88	Max Kunnath
D	11	Ryan Lyngklip
D	16/76	Nick Voultos
D	14/44	Shafeek Halabi
LSM	35	Trevor Corless
FOGO	28/55	Simon Stoller
М	33	Luke Grove
Α	22	Parker Yearago
А	15	Caden Daley
Α	27/50	Cormac Scane

TOP RESERVES

Position	Number	Name
Α	6/60	Will Thompson
М	10	Oliver Aaron
A/M	12	Talon Garn
M	8/56	Gabe Winowich
M	32/52	Graham Doman
M	30	Mac Stover
LSM	23	Jack Szalanski
M	36/72	Andrew Brentano

DETROIT COUNTRY DAY STATISTICAL INFORMATION

Statistics Through ____21__ Games

Player	Games Played	Goals	Assists	Shots
Parker Yearego	20	89	47	205
Caden Daley	20	62	22	159
Cormac Scane	20	57	28	104
Caiden Ramos	19	45	45	143
Luke Grove	20	33	44	94
Talon Garn	20	25	3	57
Will Thompson	13	22	5	36
Oliver Aaron	20	20	18	63
Ryan Lyngklip	20	5	3	14
TOTALS	20	372	233	948
OPPONENTS	20	118	59	486

Goalie Statistics

Player	Games Played	Minutes	Goals Against	GA Avg.	Saves Made	Saves Pct.	Shutouts
Max Kunnath	20	N/A	118	5.9	135	56.8	3
TOTALS							
OPPONENTS	20	960	372	17.7	251	40.3	

NOTE: To compute Saves Pct., divide Saves Made by the total of Goals Allowed and Saves Made. To compute Goals Against Avg., divide Goals Allowed by Minutes Played and multiply by 48.